

Mount Gilead D3 Cross Country Showcase

Saturday October 9th, 2021 Mount Gilead High School 338 Park Avenue, Mount Gilead, Ohio 43338

Time Schedule:

9:00 am- High School Boys

9:40 am- High School Girls

10:20 am- Middle School Boys

11:00 am- Middle School Girls

Awards:

Middle School

- + TEAM- Top 3 boys and girls teams
- + INDIVIDUAL- Medals to the top 20 boys and girls

High School

- + TEAM- Top 3 boys and girls teams
- + INDIVIDUAL- Medals to the top 30 boys and girls

Entry Fees:

High School Boys and Girls team- \$200 High School Boys only- \$100 High School Girls only- \$100

Middle School Boys and Girls- \$150 Middle School Boys only- \$75 Middle School Girls- \$75

Individuals may enter in high school and middle school race (\$20 each athlete)

** A \$50 late fee will be added on any entry fee received after 10/31/21

Meet Location: Mount Gilead High School, 338 Park Avenue, Mount Gilead, Ohio 43338

Attending Teams: Carey, Columbus Grove, Emmanuel Christian, Fellowship of Chrisitan Athletes, Fredericktown, Gibsonburg, Grandview Heights, Marburn Academy, Mount Gilead, New Riegel, Northridge, South Range

Registration: Please register your teams at <u>baumspage.com.</u> Your team needs to be registered by Friday, October 6th, 2021 at 4:00pm.

Race Directors:

Rachel Bush <u>rachel.bush.316@gmail.com</u> Sabrina Bolha <u>sbolha@mgschools.org</u> Jake Hayes <u>jhayes@mgschools.org</u>

Course Maps:

<u>High School Course Map</u> <u>Middle School Course Map</u>

Race Description:

This is a very spectator friendly course that has multiple loops around or near the football stadium. Athletes will run mostly on grass with a short 300m finish on the track in the stadium. The course features rolling hills and nice stretches of flat racing as well. Athletes will loop around the baseball fields twice before heading out to the small hayfield loop. After the small hayfield, athletes run through the "tree tunnel" and head out to the large hayfield loop. Athletes will pass in front of the crowd again before entering the small hayfield a second time. After completing a small loop around the softball field, athletes will head towards the stadium where they will finish on the track.

Spike Length:

Due to finishing on the track, we ask that athletes please limit their spike length to 1/4 inch.

Spectator Admission:

We will be charging \$7 for adults and \$5 for students.

T-Shirts: T-shirts will be available for purchase

Concessions: Concessions will be available.

Spectator Information:

Spectators are not permitted near the start line, on the pathway between the stadium and the hayfields. Spectators ARE permitted on the track and are encouraged to line the tape leading up to the finish line to encourage athletes.

Parking:

There will be parking available at Mount Gilead High School, Park Avenue Elementary School and the Mount Gilead Board of Education.

Athletic Trainers:

There will be an athletic trainer located at the finish line of the race.

Team Camps:

There will be designated areas for team camps. Those areas will be the baseball outfield, the softball outfield and the high school courtyard. There will be no team camps permitted on the practice football field or within the football stadium.

Chip Timing:

This race will be scored and timed via chips. Your race packets will contain your athlete's chips. Please make sure that your rosters are updated when you finalize your submissions. Each chip has a cost, and we want to avoid getting chips for athletes not competing.